MONTH AT A GLANCE

Happenings at the Gym

A look at what the Bombay Gym has lined up for you...

10th March to 10th April

MARCH

Save these dates on your calendar now! М О

BG Conversations Cyber Crime & Cyber Security Mr Yashasvi Yadav (IPS) Dining Hall (5:30 pm to 6:30 pm)

Piano Recital Auxilia Gym's Inn Bar

Piano Recital Cabrino Fernandez

Gym's Inn Bar (7:30 pm to 11:00 pm)

Piano Recital Mark Parakh Gym's Inn Bar (7:30 pm to 11:00 pm)

DJ & VDJ Music Gym's Inn Bar & Dining Hal (7.30 pm to 11.00 pm)

Holi Celebrations

Book Club (8+ years) Adventures of Tintin Shaila Mallik

Storyboard (11:30 am to 12:30 pm) Storytime Read Aloud (4 to 7 years) Anam Bachooali Dining Hall

(11:30 am to 12:15 pm)

DJ Music Gym's Inn Bar & Dining Hall (09:00 pm to 01:00 am



Mexican Food Festival

SunBurn Dio Band & Dining Hall

(12:30 pm to 3:00 pm)

Book Club Discussion Books by Mahashweta Devi **Library** (5:30 pm to 6:30 pm)

Piano Recital Auxilia Gym's Inn Bar (7:30 pm to 11:00 pm)

Piano Recital Cabrino Fernandez Gym's Inn Bar (7:30 pm to 11:00 pm)

Piano Recital Mark Parakh

Tribute to ABBA DJ & VDJ Music Gym's Inn Bar & Dining Hall (09:00 pm to 01:00 am)

DJ Music Gym's Inn Bar & Dining Hall (09:00 pm to 01:00 am)

Kerala Food Festival

Piano Recital Mark Parakh Gym's Inn Bar (12:30 pm to 3:00 pm) **Pianist**



Piano Recital Auxilia (7:30 pm to 11:00 pm)

Piano Recital Cabrino Fernandez Gym's Inn Bar (7:30 pm to 11:00 pm)

^{*} Events are subject to change in case of any Gymkhana functions. Check with Reception closer to the date.

MONTH AT A GLANCE

27 H

Piano Recital Mark Parakh Gym's Inn Bar (7:30 pm to 11:00 pm) **28** F

Film Screening My Best Friend'sWedding 1875

(5:30 pm onwards)

DJ & VDJ Music Gym's Inn Bar & Dining Hall (09:00 pm to 01:00 am) 29 s A T

DJ Music Gym's Inn Bar& Dining Hall (9:00 pm to 01:00 am)

30 s U Kebabs & Curries Festival

Piano Recital Cabrino Fernandez Gym's Inn Bar (12:30 pm to 3:00 pm) **APRIL**

Save these dates on your calendar now!

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Piano Recital Auxilia Gym's Inn Bar (7:30 pm to 11:00 pm) 2 %

Piano Recital Cabrino Fernandez Gym's Inn Bar (7:30 pm to 11:00 pm)

3 5

Piano Recital Mark Parakh Gym's Inn Bar (7:30 pm to 11:00 pm)



4

DJ and VDJ Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)



5 W E D

DJ Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am) 6 S U N Pan-Asian Food Festival

Piano Recital
Mark Parakh
Gym's Inn Bar
(12:30 pm to 3:00 pm



8

Piano Recital Auxilia Gym's Inn Bar (7:30 pm to 11:00 pm)

9 W E D

Piano Recital Cabrino Fernandez Gym's Inn Bar (7:30 pm to 11:00 pm)



10 H

Piano Recital Mark Parakh Gym's Inn Bar (7:30 pm to 11:00 pm)



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SPORTS DETAILS

BADMINTON

Operational from 7.00 am to 8.30 pm (On all days of the week).

COACHING: Shuttle Craze Academy, Wed, 4.00 pm to 6.00 pm; Sat & Sun, 11.00 am to 1.00 pm.

Fees: Members: 2,000/- pm + GST; Members' Guest: 3,000/- pm + GST

Events

Tin n Bottle Tournament to be held on 1st March 2025 from 4 pm onwards.

BILLIARDS & SNOOKER

Operational from 12.00 noon to 9.00 p.m. (On all days of the week).

BRIDGE

Operational from 1.00 pm to 8.30 pm Bridge Pairs tournaments on 1st, 3rd. & 5th Saturdays & All Tuesdays. Bridge Intermediate Coaching by Mr. Sandip Karmarkar Days & Timings:

Mondays & Thursdays: 2:00 pm to 3.30 pm & 3.30 pm to 5.00 pm,

Charges

FFor Members Rs. 250 + gst Per session [1 & Half hour] For Guests Rs.350 + gst Per session [1 & Half hour]

BOOT CAMP PROGRAM

By Fitness Force. Open for members above 14 years only.
Every Tuesday & Thursday, from 7.30 am to 8.30 am at our lush green lawns.
Fees: 2,000/- pm + GST for members.
Call Sports Office* for registration

CRICKET

Day Night Matches: Tuesday/Thursday; Saturdays: Half day matches;

Sunday: Full day matches.

Junior's Cricket Coaching by Rushikesh Mayekar, Tue to Fri, 4.00 pm to 6.00 pm (7 to 14 years age group). Fees: Members 1, 500/- pm + GST; Member's Guest: 2,000/- pm + GST.

Net practice: Come improve your skills at the nets under the supervision of Farhad Daruwala.

Tuesday to Friday from 4.00 pm. to 6.00 pm.

UNISEX FITNESS CENTRE (UFC)

Operational from 6.30 am to 9.30 pm. Trainer Services available "free of cost" on basis of availability

FUN FITNESS FOR KIDS

By Atul Gupta. Open for members & member's guests from 2 to 8 years only. Saturday from 10.30 am to 11.30 am at our lush green lawns. Fees: Members: 500/- pm + GST; Member's Guests: 500/- + GST per session.

FOOTBALL

Men's Elite & Super Division Team Training - Mon/ Wed/Fri: 7.00 pm - 10.00 pm

Children & Women's Football Coaching

For children: Mon/Wed/Fri: 5.00 pm - 6.00 pm
Fees: Members: ₹1,000/- pm + GST;
Member's Guest: ₹3,000/- pm + GST (U-7 to U-14) yrs).
Members: ₹2,200/- pm + GST;
Member's Guest: ₹3,200/- pm + GST (U-4 yrs)
U-15 and Women's Coaching: 5.00 pm - 8.00 pm
Contact Sports Office* for registration.

MAHJONG

Every Monday & Saturday, from 2:00 pm to 6:30 pm Contact Sports Office* for further details.

RUGBY

Rugby Team Training: $6.30 \, am - 9.00 \, am \, \& \, 6.00 \, pm - 9.00 \, pm$ on Tue/Thu/Sat

SQUASH

Mon-Sat: 7.00 am – 8.30 pm; Sunday & bank holidays: 8.00 am – 7.30 pm

Coaching by Zest for Sports & More

Tue-Fri, 2.30 pm – 5.30 pm & Sat & Sun, 9.00 am – 1.00 pm.

Members: Beginners: ₹7,000/- pm + GST.
Intermediate: Members: ₹9,500/- pm + GST.
Members' Guest: ₹15,000/- pm + GST.
Advance: Members: ₹15,000/- pm + GST.
Members' Guest: ₹18,000/- pm + GST.
Elite: Members: ₹18,000/- pm + GST.
Member's Guest: ₹25,000/- pm + GST.

Events

•JSW-SRFI Indian Open 2025 – 24 to 28th March 2025.

TENNIS

7.00 am - 9.30 pm

Coaching by Professional Tennis Academy

Mon-Fri: 3.30 pm – 6.30 pm; Sat & Sun: 9.30 am – 11.30 am

BEGINNER'S: 3 times a week – 1 hr – ₹2,352/- pm & 5 times a week – 1 hr – ₹3,652/- pm

MINI BATCH (4 yrs - 6 yrs): 3 times a week - 1 hr - ₹1,565/- pm

JUNIOR: Sat/Sun – ₹4,372/- pm **ADULTS:** Sat/Sun – ₹4,190/- pm

INTERMEDIATE

- 3 times a week without fitness ₹4,189/- pm
- 3 times a week with fitness ₹6,846/- pm
- 5 times a week without fitness ₹6,983/- pm
- 5 times a week with fitness ₹9,640/- pm

ADVANCED

- 3 times a week for 1 hour without fitness Members I5.539/- pm: Non-members I7.700/-pm
- 3 times a week for 1 hour with fitness Members I7,805/- pm; Non-members I8,800/- pm
- 5 times a week for 1 hour without fitness Members I10,274/- pm; Non-members I13,356/- pm
- 5 times a week for 1 hour with fitness Members I12,540/- pm; Non-members I16,302/- pm
- 3 times a week for 1.5 hours 112,430/- pm; non-members: 113,230/- pm
- 5 times a week for 1.5 hours 116,962/- pm; non-members: 122,051/- pm
- Playing members 5 times a week for 1.5 hours 125,757/- pm

SUPER ADVANCED

• 5 times a week - 2 hrs - ₹22,061/- pm

SWIMMING

Pool closed due to renovation. Reciprocal arrangements at Willingdon & CCI

HYBRID YOGA

Hybrid Yoga Sessions on Mon/Wed/Fri: 8.15 am – 9.15 am at the Palm Court Fees: Members: ₹750/- pm + GST; Member's Guest: ₹1,500/- pm + GST Member's Guest attending physically: ₹2,500/- pm + GST Contact Sports Office* for registration.

PADEL AT BOMBAY GYMKHANA

Padel Court officially open for Members, booking to be done from Huddle App. Court timings are from 7.00 am to 10.00 pm on all days.

GENERAL EVENTS

Bombay Gymkhana 10k Marathon – 2^{nd} March 2025 1^{st} Bombay Gymkhana Inter-Club Sports Challenger 2025 – 29^{th} & 30^{th} March, 2025